

Women, now is your time. This is your supreme moment.

CAIROS

A NEW PROGRAM WITH CASSIE PREMO STEELE, PH.D.



May the principles and practices of CAIROS guide you into your time.

Create

Your process creates the content.

Activate

The peace in you affects the world.

Intergenerate

The wisdom of generations supports you.

Regulate

Emotions are patterns of energy.

Orchestrate

Love is the organizing principle for change.

Syncopate

Evolution works like music.